# **Aquatics Schedule**

All children 8 years old and under 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Adult Swim</b> 12:00-12:45	Senior Open-Swim 10:30 -11:30	<b>Adult Swim</b> 12:00-12:45	<b>Adult Swim</b> 12:00-12:45	<b>Adult Swim</b> 12:00-12:45	<b>Adult Swim</b> 10:00-12:00
Youth Swim 1:00-4:00 8-17	<b>Adult Swim</b> 12:00-12:45 18+	Youth Swim 1:00-4:00 8-17	<b>Adult Swim</b> 12:00-12:45 18+	<b>Youth Swim</b> 1:00-4:00 8-17	Open Swim 12:00-3:00 8+
Pool Closed 4-5	Pool Closed 4-5	Pool Closed 4-5	Pool Closed 4-5	Pool Closed 4-5	Pool Closed 3-4
Family Open Swim 5:00-5:45 8-17	Youth Swim 1:00-4:00 8-17	Family Open Swim 5:00-5:45 8-17	Youth Swim 1:00-4:00 8-17	Family Open Swim 5:00-5:45 8-17	Family Swim 4:00-5:30 8-17
<b>Learn To Swim</b> 6:00-6:45 8-17	Family Open Swim 5:00-5:45 8-17	<b>Learn To Swim</b> 6:00-6:45 8-17	Family Open Swim 5:00-5:45 8-17	<b>Learn To Swim</b> 6:00-6:45 8-17	
Adult Lap Swim 7:00-7:30 18+	<b>Learn To Swim</b> 6:00-6:45 18+	Adult Lap Swim 7:00-7:30 18+	<b>Learn To Swim</b> 6:00-6:45 18+	Adult Lap Swim 7:00-7:30 18+	4

**Adult Lap Swim** 

7:00-7:30 18+



#### **Other Exciting Programs** Youth Baseball

**Adult Lap Swim** 

7:00-7:30

Mon & Wed 5:00-7:30pm

#### **Girls Group**

Wednesday 5:30-7:30pm

## **Circuit Training**

Tuesday 5:00-6:00pm

#### **Computer Room**

Mon-Fri (Ages 12:00-12:45 p.m. 1:30-2:15p.m. (Ages 8-17) Mon-Fri 3:15-4:00p.m. 4:30-5:15p.m.

#### SENIOR PROGRAM

Tuesday & Thursday 9:30 a.m. - 12:00 p.m. Aerobics, Indoor & Outdoor Walking, Theater, Social Gatherings, Arts & Crafts, Field Trips, and much, much more.... For more information call 664-2516

#### Line Dance

Thursdays 11:00am-12:00pm



### Glenville "James Hubbard" **Neighborhood Resource & Recreation Center** 680 East 113th St. (216)664-2516



## Boxing Mondays - Fridays 4:30-7:30pm All Ages By scheduled times



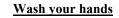


# MONDAY-FRIDAY 1:00-5:30PM

#### TEEN CENTER







# Gymnasiumum

Monday	Tuesday	Wednesday	Thursday	Friday	Sa ur ay
12:00-3:00pm <b>Open Gym</b> 8-17	12:00-3:00pm <b>Open Gym</b> 8-17	12:00-2:00pm <b>Adult Open Gym</b> 18+	12:00-3:00pm <b>Open Gym</b> 8-17	12:00-3:00pm <b>Open Gym</b> 8-17	10:00am-12:30pm <b>Open Gym</b> 40+
4:00-6:00p.m Basketball 2-Ball/3 on 3 Games 8-17	3:30-5:30p.m Basketball 2-Ball/3 on 3 Games 8-17	2:30-5:30pm <b>Open Gym</b> 8-17	3:30-5:30p.m Basketball 2-Ball/3 on 3 Games 8-17	3:30-4:30p.m Basketball 2-Ball/3 on 3 Games 8-17	1:30pm-3:30pm <b>Open Gym</b> 8-17
6:00-7:15p.m Aerobics And Conditioning 18+	6:00—7:15pm Volleyball Fundamentals Age 8-17	6:00-7:15p.m Aerobics And Conditioning 18+	6:00—7:15pm Volleyball Fundamentals Age 8-17	5:00-7:15p.m <b>Adult Volleyball</b> 18+	4:00-5:30pm <b>Family Gym</b> 8-17 18+